



Sandra Trease

SPEAKER. AUTHOR. COACH

SPEAKER KIT



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## THE MISSION

**My mission is to liberate others to own their truth, find their voice and boldly live unashamed.**



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# BIOGRAPHY SANA LATREASE

FEATURED

*VoyageDallas*

THE  
700  
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CTSTYLE

**Sana Latrease Cotten** is the Founder of Unashamed, Inc., a 501(c)3 non-profit organization which fosters emotional health in disadvantaged families that have experienced incarceration, foster care, and teen pregnancy. Through various initiatives, Unashamed, Inc. is equipping families with the tools they need to dismantle unhealthy generational patterns, and transition from surviving to thriving.

At the tender age of 4, Sana and her twin brother were removed from the care of their drug-addicted mother and grandmother and put into the foster care system. Despite these early setbacks and emotional traumas in her life, Sana has emerged as a whole woman, unashamed of her past and boldly sharing her story. By the grace of God, Sana has impacted hundreds of women all over the United States by sharing her personal journey of denouncing shame and becoming healed and whole in Christ.

Sana has a passion for advocacy work and youth within the foster care system. She has worked alongside the Department of Children and Families (DCF) in the state of Connecticut in various roles including as a QPI Champion (Quality Parenting Initiative) and as a speaker and advocate for the Queen Esther Initiative, a faith based, foster care and adoption recruitment and support program designed to increase the number of licensed foster and adoptive families in the state of Connecticut.

Sana has been featured in numerous media outlets including Sheen Magazine, Voyage Dallas, the Moments of Joy podcast, Willie Moore Jr.'s Lunch Time Link Up, AOL.com, and CBNs the 700 Club. In 2019, Sana was named a 100 Women of Color by June Archer & Eleven28 Entertainment which recognizes the contributions of people of color in business, education, entrepreneurship, entertainment, government, service and the impact they have made on the lives of people throughout the State of Connecticut and Western Massachusetts communities.

Sana is the wife of Reverend Joshua E. Cotten and the mother of her two greatest gifts, Jamir and Janai. She currently resides in Middletown Connecticut.



**To book Sana as a guest speaker for your next event, conference or podcast, click [here](#).**



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"I was blessed to have heard the impactful testimony of Sana Latrease. If you have not heard her story you need to find out where she's speaking and go! I was full of tears from beginning to end. Blessed and encouraged by God's love shown through how he has kept her all of her life!"

# THE SPEAKER

**"From the moment she began to speak I fell in love with her! Her passion and transparency is rare and beautiful. She is a dynamic example of hope and favor."- Camille R.**



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# SPEAKER TOPICS

## Surviving Adoption & Fostercare

By sharing her own personal story of foster care to adoption and beyond, Sana educates, motivates and inspires foster youth to dream big and never settle. They will learn firsthand her struggle to success and how they can take control of their lives, no matter where they came from. This workshop is also great for foster care professionals.

## So you want to be a Wife?

As a woman who entered her marriage broken, Sana shares her struggles in her marriage journey. She talks about all the ugly things women face as wives ranging from, infidelity, manipulation, and healing from sexual abuse, to becoming a healthy, healed and whole wife and your husbands biggest cheerleader. This workshop is for wives who desire to dig deeper in their marriage and are ready to die to self.

## Scars, Shame, and Sharing your Story

If you've met Jesus, you've got a story to share. Stories are about change, and Jesus is all about changing lives. It's easy to get overwhelmed by the idea of sharing your story. Perhaps you've told yourself "it's not exciting enough" or "it's too complicated." The truth is sharing your story is as simple as telling people what God has done for you. Allow Sana to show you how, with a little preparation, you can own your truth, no longer be ashamed of your scars, and deliver your story in a powerful way that gives God the praise he deserves and helps others draw closer to Him.

## Special Request

Do you have a topic you would like Sana to speak on for your next event, but it's not listed above? No problem, because of Sana's desire to remain completely transparent, nothing is off limits. Let us know how she can inspire your attendees to be their best, Unashamed selves!





# TESTIMONIALS

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"I have had an opportunity to attend Queens Court and realized that there were women in the room that felt just like me. Often we pour out into everyone but forget we need to be imparted into as well. Sana help me to realize that I too was important and loved. I get to impact girls all over and it helped me remember my days of being a young girl and how women from different walks of life helped mold me into the woman I am today. Sana also helped me to share a special story that was about me and my personal walk. Before attending queens court I was so excited about my #unashamed shirt when it finally came in the mail. Thank you Sana Latrease for my shirt and reminding me of who I was all along! A strong Black woman." - **Bobbi B.**

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"I first met Mrs.Sana at the Fearless Vision Board Experience event. As she began to speak I felt the pain she endured as a youth and I could identify with her on certain topics regarding her past. I cried because her truth woke mine up. I had not shared with many people what I went through and it was still tormenting my mind. There were plenty of times I wrote it down but I had not released it fully. She began to emphasize the importance of knowing your truth, speaking your truth and not being ashamed. It's really important in this time of our lives for someone not to yell but to teach and give advice on how we can get through our problems, hurts, and insecurities. She did just that and told us with the love of God the importance of sharing and getting help. Sana's testimony helped me break out of my untold story and share it. This brave step was the call for my full deliverance. This brave step forward pushed me even closer to God. I was no longer bound. Who is Sana Latrease to me?? She's an overcomer, a fighter, a warrior, a light to this generation, she's REAL. Her characteristics, personality, and her truth allowed me to know that God can immediately change our life when we surrender and put him first. HER TRUTH HELPS ME TO STAND BOLDLY IN MY TRUTH !!" - **Christinea B.**

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"What an Explosive time we had at the W2W PowerTalk! We were blessed by the Powerful Ministry of Sana Latrease as the PowerSurge speaker for both PowerTalk CT and PowerTalk Delaware. Sana brought the message of #unashamed, which she transferred, through her powerful and miraculous personal story of God's Divine Hand. Sana is leading the way for women to break the silence on experiences that has kept them bound; while challenging them to be free! Sounds like true deliverance to me!" - **Pastor Denya C. McGee**



# THE AUTHOR

"As much as I begged God to remove me from my pain, I realized that sometimes you have to go through darkness to get to the light. It's how you appreciate his Glory in your story"- Sana



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# "Everyone Will Know It Was God"

In 2020, Sana published her debut book entitled, "Everyone Will Know It Was God," a memoir which chronicles her life story of early childhood molestation and sexual abuse, and growing up in the foster care system, to who she is today—a powerful, anointed, healed and whole woman of God.

## BOOK REVIEWS

"She tells the story of her life from an honest and raw place which gripped my heart. "

**- CORINE TINDELL**

"She has mastered the art of storytelling and will captivate you within the first two minutes!"

**-CAMILLE JOY**

"Everyone Will Know It Was God will make your mouth drop, eyes grow wide, and shake your head in disbelief that one person could survive so much, and marvel at Sana's transparency."

**-CHAMAR LOGAN**



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# MEDIA HIGHLIGHTS

Click to watch some of Sana'a media highlights.

[I AM A VICTORIOUS WOMAN](#)

[SANA LATREASE ON CBN'S 700 CLUB](#)

[SHE STOOD ON HER FAITH](#)



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# Sana Latrease

Speaker. Author. Coach

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